

## \$\$ Finding The Cash \$\$

Look at your last 2 - 3 bank statements and highlight the below categories.

Please use a different color or symbol (circle, check, star or underline) to differentiate each category.

1. What you ABSOLUTELY must have to live

2. What helps to improve your life

3. What you completely have no clue about

4. What you wish you could take back

5. What you could put on a TEMPORARY HOLD

6. What you could totally do away with

After labeling each bank statement, total each category for each month.

Cash Categories	Month 1	Month 2	Month 3	Adjustments (Amount & Expense)
What you ABSOLUTELY must have to live				
What helps to improve your life				
What you completely have no clue about				
What you wish you could take back				
What you could put on a TEMPORARY HOLD				
What you could totally get rid of				

Take a moment to reflect on the questions below to determine YOUR NEXT BEST STEP.

1. Did you discover an area where you would like to re-direct those funds towards your goals.

2. What is the amount you would like to re-direct?

3. How soon would you like to make this adjustment?

4. Is there an area of spending you would like to change or improve?